



Mari Beth was born and raised in Tyrone, GA (southwest of Atlanta). She graduated from Sandy Creek High School in 2010, and graduated from Georgia Southern University with a degree in Athletic Training in 2016. Has previously worked as an athletic trainer in Athens for 2 years and now with Northside Hospital at Mountain View High School.

She is married to Zach Lonas they have a daughter named Leila and two dogs.

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